

FOR PSA MEMBERS: KWAZULU-NATAL

05-08-2021

For members employed at government departments

The PSA Provincial Office has done an analysis on some misconduct cases that members are being charged for owing to work-related/personal stress, depression, and substance abuse. The PSA, as a caring Union, has taken an initiative to establish a program to assist employees with depression, stress, burnout, substance, and alcohol abuse in partnership with the *Choose Life* organisation.

Some members have lost income owing to prolonged, unpaid leave caused by the above-mentioned challenges and the PSA is facilitating support through its social partner for members to use their medical aid to be assisted on these challenges and choose better health life. The PSA has appointed Sibusiso Ndzala to be the coordinator of this program with the below-mentioned Organising/ Marketing Officers.

If you know someone who suffers from depression, stress, substance abuse, burnout in the workplace or their dependents on the member medical aid, please use this opportunity, choose a better life, and get help from professionals through a world-class 21 days in-patient program provided by *Choose Life*.

Persons who are willing to take part on a 21 days in-patient treatment program should send their details to the following officials:

Cynthia Mbali - 082 880 8953, Xolani Dhlamini - 073 244 5664, Nkosephayo - 082 880 8994, Sibusiso Ndzala - 064 249 5324 or e-mail their details to sibusiso.ndzala@psa.co.za for the Office to contact them.

GENERAL MANAGER